

# THE CODE OF ETHICS & PROFESSIONAL STANDARDS OF KUNDALINI YOGA TEACHER-STUDENT RELATIONSHIP

ACCORDING TO THE INTERNATIONAL KUNDALINI YOGA TEACHERS ASSOCIATION ([WWW.IKYTA.ORG/PROFESSIONAL-STANDARDS](http://WWW.IKYTA.ORG/PROFESSIONAL-STANDARDS))

## The Teacher Student Relationship

1. It is the responsibility of the Teacher to maintain a conscious and professional relationship with students and with other Teachers. A Teacher recognizes that the teacher-student relationship involves a power imbalance. This is true even with a student who is no longer studying with the Teacher.
2. A Teacher recognizes the implicit trust placed in him or her because of the unique power of the teacher-student relationship. A Teacher consciously avoids any relationship with a student that is exploitative in any way, i.e., he or she never uses such a relationship for personal gain or benefit
3. All forms of sexual involvement with students are unethical, even when a student invites or consents to such behavior. Sexual behavior includes, but is not limited to, all forms of overt and covert seductive speech, gestures, and actions.
4. All forms of financial involvement with students are discouraged and may be subject to a disciplinary review. Financial involvement includes but is not limited to loans, gifts and business relationships. Payment for teaching services is acceptable. If you have any question about financial involvement, contact the Office of Ethics and Professional Standards and Conscious Conflict Resolutions (EPS).
5. The above points shall be in effect as long as the Teacher is in a teacher-student relationship and for not less than 6 months after the student has ceased taking any classes or trainings from the Teacher.
6. A Teacher never engages in harassment, abusive words or actions, or coercion of students or former students.
7. A Teacher shows sensitive regard for the moral, social, and religious standards of students, and avoids imposing his or her personal beliefs on others.
8. A Teacher will not advise a student to go against the advice of his or her health care provider.
9. A Teacher realizes that he or she is a vehicle for these Teachings, never their source. A Kundalini Yoga Teacher does not initiate anyone as a disciple.
10. A Teacher strives to build the student's connection to the teachings and to his or her own soul, rather than to any personality.
11. If a Teacher is unable to continue the teacher-student relationship, the Teacher will, upon the request of the student, connect the student to other appropriate Teacher resources in the 3HO Global Community.
12. A Teacher treats all communication with students with respectful and appropriate confidentiality.